



## Patient Intake Form

**How did you hear about us** \_\_\_\_\_

Patient Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (MI) \_\_\_\_\_

Patient Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Beeper/Cellular: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M F

Country of Birth: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Pharmacy** \_\_\_\_\_ **Phone #** \_\_\_\_\_

### **In Case of Emergency:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Patient's Spouse: \_\_\_\_\_ Phone: \_\_\_\_\_

Family Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Referred by: \_\_\_\_\_

### **Weight History**

When did you first become overweight? (your age then) \_\_\_\_\_ (year) \_\_\_\_\_

How did your weight gain start? Describe any circumstances: \_\_\_\_\_

What do you think is the cause of your weight problem \_\_\_\_\_

Your present weight: \_\_\_\_\_ your weight goal: \_\_\_\_\_ height: \_\_\_\_\_

What was your highest weight? (excluding pregnancy) \_\_\_\_\_ your age then \_\_\_\_\_ # of years ago: \_\_\_\_\_

What was your lowest weight? \_\_\_\_\_ your age then \_\_\_\_\_ # of years ago: \_\_\_\_\_

Have you ever stayed the same weight for 10 years or more? Yes:/ No

Have you attempted to lose weight before? \_\_\_\_\_ most lbs lost: \_\_\_\_\_ how long it took: \_\_\_\_\_

Describe previous methods of weight loss (e.g. diets, pills, injections, hypnosis, acupuncture) and describe your results: \_\_\_\_\_

Where and when do you do most of your overeating? \_\_\_\_\_

Please make any comments that you think might be helpful:

Do you currently have any medical concerns? Please List: \_\_\_\_\_

**Past History:** (Please check if you have had any of the following):

- Allergies, Type: \_\_\_\_\_
- Birth defects or abnormalities
- Scarlet Fever
- Blood Clots
- High Blood Pressure
- History of Breast Cancer
- Influenza
- Rheumatic
  
- Fever German Measles (3 day)
- Polio
- Whooping Cough
- Frequent Colds
- Chickenpox
- Tonsillitis
- Pneumonia
- Diabetes: Type: \_\_\_\_\_
- Cancer, Type: \_\_\_\_\_
- Other Diseases \_\_\_\_\_
- Operations: (dates) \_\_\_\_\_
- Any mood altering or depression medication: \_\_\_\_\_
- Allergies to medicines, foods, etc... \_\_\_\_\_

**Current Medications**

Name	Dosage	How often do you take the medication
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Family History:**

Father: Health \_\_\_\_\_ Age \_\_\_\_\_ Deceased \_\_\_\_\_ at age \_\_\_\_\_ Cause \_\_\_\_\_  
Mother: Health \_\_\_\_\_ Age \_\_\_\_\_ Deceased \_\_\_\_\_ at age \_\_\_\_\_ Cause \_\_\_\_\_  
Number of siblings: \_\_\_\_\_ # living \_\_\_\_\_ #deceased: \_\_\_\_\_ Cause \_\_\_\_\_

Family Diseases: Check diseases known in your blood relatives (not yourself)

- High blood pressure
- Allergy
- Heart trouble
- Anemia
- Migraine
- Bleeding (abnormal)
- Blood Clots
- Epilepsy
- Strokes
- Cancer
- Diabetes
- Nervous breakdown
- Kidney disease
- Syphilis or (bad blood)
- Suicide
- Obesity
- Arthritis
- Rheumatic
- Fever
- Other \_\_\_\_\_

**Examinations:**

Date of last physical examination \_\_\_\_\_ Reason: \_\_\_\_\_  
Hospitalizations \_\_\_\_\_ Dates \_\_\_\_\_ Reason: \_\_\_\_\_  
X-Rays: Chest \_\_\_\_\_ Stomach \_\_\_\_\_ Gallbladder \_\_\_\_\_ Kidney \_\_\_\_\_ Colon \_\_\_\_\_  
Other \_\_\_\_\_ Date of last laboratory tests: \_\_\_\_\_  
Electrocardiogram (heart tracing) \_\_\_\_\_ Date of last pap (cancer smear): \_\_\_\_\_

**Do you now have or have had any of the following?**

- |   |  |  |  |   |
|---|--|--|--|---|
| <input type="checkbox"/> Itching                  | <input type="checkbox"/> Eczema                | <input type="checkbox"/> Hives                     | <input type="checkbox"/> Joint pains       | <input type="checkbox"/> Muscle aches       |
| <input type="checkbox"/> Arthritis                | <input type="checkbox"/> Limitation of motion  | <input type="checkbox"/> Backache                  | <input type="checkbox"/> Leg pains         | <input type="checkbox"/> Heel Pains         |
| <input type="checkbox"/> Pain or stiffness (neck) | <input type="checkbox"/> Goiter                | <input type="checkbox"/> Swelling, enlarged glands |  |   |
| <input type="checkbox"/> Asthma                   | <input type="checkbox"/> Lung disease          | <input type="checkbox"/> Raise sputum              | <input type="checkbox"/> Emphysema         | <input type="checkbox"/> Bronchitis         |
| <input type="checkbox"/> Heart trouble            | <input type="checkbox"/> High blood pressure   | <input type="checkbox"/> Shortness of breath       | <input type="checkbox"/> Palpitation or    |   |
| <input type="checkbox"/> fluttering               | <input type="checkbox"/> Chest pain            | <input type="checkbox"/> Lips or nails turn blue   | <input type="checkbox"/> Tire easily       | <input type="checkbox"/> Swelling of ankles |
| <input type="checkbox"/> Indigestion              | <input type="checkbox"/> Nausea or vomiting    | <input type="checkbox"/> Abdominal pain            | <input type="checkbox"/> Gas or bloating   | <input type="checkbox"/> Diarrhea           |
| <input type="checkbox"/> Hard bowel movements     | No. of bowel movements - daily _____           |  |  | <input type="checkbox"/> Colitis            |
| <input type="checkbox"/> Jaundice                 | <input type="checkbox"/> Hemorrhoids (piles)   | <input type="checkbox"/> Bleeding or black stools  |  | <input type="checkbox"/> Hernia             |
| <input type="checkbox"/> Urinary System           | <input type="checkbox"/> Kidney disease        | <input type="checkbox"/> Bladder disease           | <input type="checkbox"/> Kidney stones     |   |
| <input type="checkbox"/> Painful urination        | <input type="checkbox"/> Pus or blood in urine | <input type="checkbox"/> Albumen or sugar in urine |  |   |
| <input type="checkbox"/> Dribbling of urine       | <input type="checkbox"/> Varicose veins        | <input type="checkbox"/> Nervousness or anxiety    |  |   |
| <input type="checkbox"/> Trouble sleeping         | <input type="checkbox"/> Headaches             | <input type="checkbox"/> Bored or depressed        | <input type="checkbox"/> Nervous breakdown |   |
| <input type="checkbox"/> Fainting                 | <input type="checkbox"/> Convulsions           | <input type="checkbox"/> Numbness                  | <input type="checkbox"/> Loss of           |   |
| consciousness                                     | <input type="checkbox"/> Neuritis or Neuralgia | <input type="checkbox"/> Paralysis                 |  |   |

Are you on birth control? (method):  
\_\_\_\_\_

**Financial Policy:**

Thank you for selecting Carolina Pain and Weight Loss for your health care needs. We are honored to be of service to you and your family. This is to inform you of our billing requirements and our financial policy. Please be advised that payment for all services will be due at the time services are rendered, unless only a deposit is required (Full hCG)

I agree that should this account be referred to an agency or an attorney for collection, I will be responsible for all collection costs, attorney's fees and court costs.

I have read and understand all of the above and have agreed to these statements.

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

All Statements on this patient intake form are accurate and true to the best of my knowledge. I understand that treatments will be based on the information provided herein. If I willingly withhold knowledge from my treating physician, I accept full liability from any consequences arising there from.

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date